

# LEISURE EXPERIENCE

For further information or booking, please visit us at the concierge desk or call us ext: 6321.

#### Activities available

- o The "Tetiaroa Ultimate cruise"
- o The bird naturalist discovery tour
- o The "Reef quest" cruise. Visit of the reef and snorkeling.
- o Turtle night (from October to March) looking for the "baby" turtles
- o Introductory dive in the lagoon

### The "Explorer Center" offers cultural activities (to be booked through the Concierge)

- o Polynesian dance class
- o Polynesian music lesson: « ukulele », « pahu » or « toere »
- o Traditional weaving (hat, bookmark, rose...)
- o Pareo show "How to tie a pareu" for men and women.

### Sports and Outdoors activities through the Pool Desk.

- o Snorkeling in the lagoon. Discovery of the coral garden
- $\circ$  Paddleboard or traditional Polynesian outrigger canoe (va'a) to discover the lagoon by yourself.
- o Bicycle to discover The Brando and Motu Onetahi.
- o Morning Aqua gym and sunset Body Art
- o Gym and fitness center with state-of-the-art "Panatta" equipment
- o Tennis partner and coaching sessions available on request (15.000 XPF / hour)

### After dinner entertainment on the beach or at the Explorer Center/Te Manu Bar

- Conferences by Scientists or naturalists on various subjects as: coral preservation, turtle life, mammals
- Cultural Lectures (stories and legends of French Polynesia, the true story of the Bounty Tahiti in the ancient time...)
- o Friday Polynesian show on the beach at Beachcomber café

## $\underline{Other\ activities\ and\ excursions}\ (at\ additional\ charge)$

- o Scuba diving with Top Dive
- o Helicopter panoramic flight
- o Tahiti Day tour \* (Island Tour, Helicopter Panoramic flight, Safari Tour, shopping in Papeete with a chauffeur/guide)
- o Moorea Day tour \* (Green pearl golf course, Dolphin Center, Helicopter Panoramic flight, ATV quad tour, Safari tour)

\*Day Tour transfers for the excursions to Tahiti or Moorea will be provided either by helicopter or by plane, at additional charge.

We wish you an unforgettable stay with us.

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# tetiacøa private island

FRENCH DOLYNESIA



# **PRIVATE COACHING**

Our sport coach will be delighted to share its passion with you through the following activities:

### Personal coaching at the FITNESS CENTER or at the Villa

- o Muscular and Cardiovascular Training
- o Training and nutrition advices

### Private "Body ART" class

o On the beach or at the Villa

### Private Aqua-Fit class

o Soft muscular and cardiovascular Training in the lagoon

### Stand Up Paddleboard

o Introduction to paddleboarding and private tour

## Polynesian outrigger canoe "va'a"

 Introduction to Polynesian outrigger canoeing and private tour 1 or 2-seat outrigger canoe

PERSONAL COACHING on request 15000F TTC per hour

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